



This guide is meant to equip you with discussion questions and conversation starters that you can use throughout the week to continue the conversation about what you and your kids learned on Sunday.

## Conversation Starters

*These are things you can talk about with your kids to help further the conversation about what they may have learned on Sunday.*

- 1. Why do you think spending quiet time alone with God helps us get closer to Him?**
- 2. In Matthew 6:5-6, Jesus talks about how we should pray. What does He teach, and why do you think He says it's important to pray in secret?**

## Sermon Summary (09/29/2024)

*In case you missed it, or if you just need a refresher, here's a quick summary of what we talked about this week in the sermon:*

In Pastor Mark's sermon, he spoke about becoming an apprentice to Jesus, learning from Him, and living like Him, drawing from John Mark Comer's *Practicing the Way*. He emphasized the importance of quiet time with God in our busy world. Sharing his experience from a silent retreat, he explained how silence deepens our relationship with God. He encouraged the congregation to embrace solitude, even in daily life, and shared stories of others who found creative ways to connect with Jesus. The message reminded everyone that, regardless of their life stage, a deep relationship with God is always possible.

- 3. The sermon talks about things that distract us, like phones and being busy. How do you handle distractions when you're trying to spend time with God?**
- 4. How do you think your personality affects the way you spend quiet time with God?**
- 5. How can we help each other grow in faith, like the pastor mentioned with friends?**
  - This reminds us of what the pastor said about how having friends and supporting each other helps us grow in our faith.**